### EVERY BODY TATHLETICS

## *Every Body Athletics* Internship (High School) Position Overview

#### **Every Body Athletics**

Every Body Athletics' mission is to make a lasting impact on the quality of life for adults with intellectual and developmental disabilities (ID/DD) by increasing physical, social, and emotional wellbeing through group athletic training. Using both individual and small group exercise activities involving physical and social instruction, EBA desires to provide adults with ID/DD the opportunity to achieve success and growth in both their fitness and social-emotional needs.

#### Position Purpose

EBA is looking for a passionate, driven high school senior to serve as the EBA Intern during academic year. At EBA, volunteer involvement is paramount, as they provide one-on-one support to athletes while promoting a fun, inclusive atmosphere. EBA's Intern plays a vital leadership role in our volunteer program, as s/he is the main point of contact for all student volunteers. The EBA Intern builds the volunteer schedule each month, provides ongoing communication and encouragement to volunteers, and also leads EBA School Ambassadors in their bimonthly meetings. S/he will also work closely with staff to help further develop EBA programming, plan for events, and complete other roles and tasks to serve adults with disabilities and their families.

# A passion for disability, inclusion, and acceptance are critical qualities, as are positive leadership, organizational, and interpersonal skills.

#### Position Outcomes

While this is a paid position (see "General Information" under Job Description for more specifics), EBA's Internship involves numerous other benefits, including:

- Hours can be applied towards school credit
- Gain industry knowledge in the realm of disability, non-profits, education, and/or fitness, both through hands-on experience as well as through working alongside EBA Director
- Develop leadership and relationship building skills with overarching outreach goals in a professional context

#### **General Information**

Position Type: *High School Internship* Start/End Dates: *September-May* Supervisor: *EBA Director* Approx. Hours: *4-6 hr/wk* 

• Includes 2 hr/wk as volunteer Teammate, 2 hr/every other wk working with EBA Director Salary Level: \$1,000/semester

Additional Notes: Intern not expected to during school breaks (Winter Break, Spring Break etc.)